

**SCARF: Safety, Caring, Achievement, Resilience,  
Friendship**

**SCARF in Nursery and Reception follows a One Year Rolling Programme**

**SCARF in KS1 and LKS2 (Y1/2 Y3/4) follows a Two Year Rolling Programme**

All SCARF lesson plans have been organised into six key themes/  
blocks:

- Relationships
- Valuing Difference
- Keeping Myself Safe
- Rights and Responsibilities
- Being My Best
- Growing and Changing

For ease of planning in small schools the progression plan, outlined in this guide can be used by class teachers; one block of lessons per half term. This ensures that the key themes are covered equally over a two year period, avoiding repetition of lessons.

Nursery

**Me and My Relationships**

- Marvellous me!
- I'm special
- People who are special to me

**Rights and Respect**

- Looking after myself
- Looking after others
- Looking after my environment

**Valuing Differences**

- Me and my friends
- Friends and family
- Including everyone

**Being My Best**

- What does my body need?
- I can keep trying
- I can do it!

**Keeping Safe**

- People who help me and keep me safe
- Safety Indoors and Outdoors
- What's safe to go into my body

**Growing and Changing**

- Growing and changing in nature
- When I was a baby

Reception

**Me and My Relationships**

- All about me
- What makes me special
- Me and my special people
- Who can help me?
- My feelings
- My feelings (2)

**Rights and Respect**

- Looking after my special people
- Looking after my friends
- Being helpful at home and caring for our classroom
- Caring for our world
- Looking after money (1): recognising, spending, using
- Looking after money (2): saving money and keeping it safe

**Valuing Differences**

- I'm special, you're special
- Same and different
- Same and different families
- Same and different homes
- I am caring
- I am a friend

**Being My Best**

- Bouncing back when things go wrong
- Yes, I can!
- Healthy eating
- My healthy mind
- Move your body
- A good night's sleep

**Keeping Safe**

- What's safe to go onto my body
- Keeping Myself Safe - What's safe to go into my body (including medicines)
- Safe indoors and outdoors
- Listening to my feelings
- Keeping safe online
- People who help to keep me safe
- *NSPCC Pants - Resource*

**Growing and Changing**

- Seasons
- Life stages - plants, animals, humans
- Life Stages: Human life stage - who will I be?
- Getting bigger

Key Stage 1, 2 Year Progression Framework

Key Stage 1- FIRST YEAR

**Me and My Relationships**

- Why we have classroom rules (Y1)
- Thinking about feelings (Y1)
- Our ideal classroom (1) (Y2)
- Our ideal classroom (2) (Y2)
- How are you feeling today? (Y2)
- Good friends (Y1)
- How are you listening? (Y1)

**Rights and Responsibilities**

- Looking after money (Y1): recognizing, using, spending
- Harold's wash & brush up (Y1)
- Around and about the school (Y1)
- Getting on with others (Y2)
- Harold saves for something special (Y2)
- Harold goes camping (Y2)

**Valuing Differences**

- Same OR different? (Y1)
- Unkind, tease or bully? (Y1)
- What makes us who we are? (Y2)
- How do we make others feel? (Y2)
- It's not fair! (Y1)
- An act of kindness (Y2)

**Being My Best**

- I can eat a rainbow (Y1)
- Eat well (Y1)
- You can do it! (Y2)
- Harold's postcard - helping us to keep clean and healthy (Y2)
- My body needs... (Y2)
- What does my body do? (Y2)

**Keeping Myself Safe**

- Healthy me (Y1)
- Super sleep (Y1)
- Harold's picnic (Y2)
- How safe would you feel? (Y2)
- Should I tell? (Y2)
- Basic First Aid - Mini First Aid Training

**Growing and Changing taught separately**

- **Year One**
- Me and my body - girls and boys (R)
- Healthy me
- Then and now
- Taking care of a baby
- Surprises and secrets
- Keeping privates private- NSPCC PANTS

Key Stage 1 - 2 Year Progression Framework

Key Stage 1 - SECOND YEAR

**Me and My Relationships**

- Our Feelings (Y1)
- Feelings & Bodies (Y1)
- Our Special People balloons (Y1)
- Bullying or teasing? (Y2)
- Don't do that (Y2)
- Types of bullying (Y2)
- Being a good friend (Y2)
- Let's all be happy (Y2)

**Rights & Responsibilities**

- Taking care of something (Y1)
- Harold's money (Y1)
- When I feel like erupting (Y2)
- How can we look after our environment (Y2)
- Looking after money (2)
- How should we look after our money? (Y1)

**Valuing Differences**

- Harold's school rules (Y1)
- Who are our special people? (Y1)
- My Special People (Y2)
- When someone is feeling left out (Y2)
- Solve the problem (Y2)

**Being My Best**

- Harold has a bad day (Y1)
- Pass on the praise (Y1)
- Harold's bathroom (Y2)
- My day (Y2)
- Harold learns to ride his bike (Y1)
- Catch it! Bin it! Kill it! (Y1)

**Keeping Myself Safe**

- Harold loses Geoffrey (Y1)
- What should Harold say? (Y2)
- I don't like that! (Y2)
- What could Harold do? (Y1)

**Growing and Changing taught separately**

- **Year Two**
- A helping hand
- Sam moves away
- Haven't you grown!
- Respecting privacy
- Who can help? (2)

**Key Stage 2 - 2 Year Progression Framework**

**Key Stage 2 - FIRST YEAR**

**Relationships**

- Dan's dare (Y3)
- An email from Harold (Y4)
- Ok or not Ok (Part 1) (Y4)
- Ok or not Ok (Part 2) (Y4)
- Tangram team challenge (Y3)
- As a rule (Y3)
- My special pet (Y3)

**Rights and Responsibilities**

- Harold's environment project (Y3)
- Who helps us stay healthy and safe? (Y4)
- How do we make a difference? (Y4)
- Helping each other to stay safe (Y3)
- Recount task (Y3)
- Can Harold afford it? (Y3)
- Why pay taxes? (Y4)

**Valuing Difference**

- Our friends and neighbours (Y3)
- Can you sort it? (Y4)
- Islands (Y4)
- My community (Y3)
- Respect and challenge (Y3)
- Zeb (Y3)

**Being My Best**

- I am fantastic! (Y3)
- What makes me Me! (Y4)
- Making choices (formerly Ed6 learns to be human) (Y4)
- Poorly Harold (Y3)
- Derek cooks dinner (Y3)
- My school community (1) (Y4)

**Keeping Myself Safe**

- None of your business (Y3)
- Danger, risk or hazard? (Y4)
- Picture Wise (Y4)
- Danger or risk? (Y3)
- The Risk Robot (Y3)
- Super searcher (Y3)

**Growing and Changing- taught separately**

**Year Three**

- My body, your body (Y2)
- Relationship tree
- None of your business!
- Secret or surprise?
- My changing body

**Relationships**

- Thunks (Y3)
- How can we solve this problem (Y3)
- Human machines (Y4)
- Different feelings (Y4)
- Looking after our special people (Y3)

**Rights and Responsibilities**

- It's your right (Y4)
- In the news! (Y4)
- Safety in numbers (Y4)
- Volunteering is cool (Y4)
- Our helpful volunteers (Y3)
- Earning money (Y3)
- Logo quiz (Y4)
- Harold's expenses (Y4)

**Valuing Difference**

- Let's celebrate our differences (Y3)
- Friend or acquaintance (Y4)
- What would I do? (Y4)
- Family and Friends (Y3)
- That is such a stereotype! (Y4)
- The people we share our world with (Y4)

**Being My Best**

- Getting on with your nerves! (Y3)
- SCARF hotel (Y4)
- Harold's Seven R's (Y4)
- For or against? (Y3)
- Body team work (Y3)
- Top talents (Y3)

**Keeping Myself Safe**

- Raisin challenge (1) (Y3)
- How dare you! (Y4)
- Medicines: Check the label (Y4)
- Know the norms (formerly tell ED6) (Y4)
- Safe or unsafe? (Y3)
- Help or harm? (Y3)
- Keeping ourselves safe (Y4)
- Raisin challenge (2) (Y4)

**Growing and Changing to be taught separately**

**Year Four**

- Basic first aid (Y3)
- Moving house
- My feelings are all over the place!
- Secret or surprise?
- Together
- Body space (Y3)



