



**Green Lea First School**

**P.S.H.C.E**

**Personal, Social, Health and Citizenship Education**

**'Learn, Explore, Achieve'**

### **Intent**

At Green Lea, the intent of our PSHCE curriculum is to deliver a curriculum which is accessible to all, and that will maximise the outcomes for every child, so that they know more, remember more and understand more. PSHCE is embedded in all that we do to enable our children to become independent, responsible, healthy and confident members of society.

**Through our PSHCE lessons we aim to:**

- Equip all children with the skills and knowledge to live healthy, safe, responsible and balanced lives.
- Encourage all children to have high aspirations, a belief in themselves and realise that anything is possible if they put their mind to it.
- Support the personal development of pupils by building their confidence, resilience and self-esteem, and enable them to identify and manage risk, make informed choices and understand what influences their decisions.
- Allow children to develop an understanding of themselves, manage their emotions, develop empathy and deal with change.
- Provide our children with opportunities for them to fully engage and learn about rights and responsibilities and appreciate what it means to be a member of the diverse society in which we live, and to respect others as equals.
- Our Relationships Education enables our children to learn how to be safe, and to understand and develop healthy relationships, both now and in their future lives.

## **Implementation**

At Green Lea, we follow the National Curriculum Programmes of Study. Both Key Stage 1 and 2 follow a two year rolling programme to ensure full curriculum coverage. Our PSHCE journey starts in the EYFS (Early Years Foundation Stage) and is taught as an integral part of topic work and is embedded throughout the curriculum. The objectives taught are the Personal, Social and Emotional Development statements from 'Birth to 5 matters' and the PSED Early Learning Goals. In Key Stage 1 and 2, PSHCE is taught through a clear and comprehensive scheme of work in line with the National Curriculum. Pupils are taught PSHCE using 'SCARF' (Safety, Caring, Achievement, Resilience, Friendship) which is a progressive scheme of work, covering all of the above and aims to prepare children for life, helping them to value who they are and understand how they relate to other people in this ever-changing world. There is a strong emphasis on emotional Literacy, building resilience and nurturing mental and physical health, values, and ethos of the school. We allocate one lesson to PSHCE each week in order to teach the PSHCE knowledge and skills in a developmental and age-appropriate way. The lessons are taught by the class teacher. Accompanying each unit is a Knowledge organiser which contains key vocabulary and information about objectives covered within the unit, this allows class teachers to revisit previous learning, target their questioning and introduce new vocabulary as well as recapping previously taught vocabulary. SCARF PSHCE contains both formative and summative assessment opportunities that support teachers to assess PSHCE knowledge, and how these are applied within social and emotional skills development.

PSHCE is taught through SCARF's six half termly themes with each year group studying the same unit at the same time (at an appropriate level):

Autumn 1	Relationships
Autumn 2	Rights and Responsibilities
Spring 1	Valuing Difference
Spring 2	Being My Best
Summer 1	Keeping Myself Safe
Summer 2	Growing and Changing

These explicit lessons are then reinforced and enhanced in many ways within school e.g. assemblies, displays, visitors in school, themed days/weeks and in the wider curriculum. The PSHCE curriculum is supplemented by Picture News assemblies which include a British Values focus each week.

## **Impact**

The impact of our PSHCE learning will be measured through:

- Class discussions during PSHCE lessons
- Pupil voice
- Floorbooks
- Monitoring of PSHCE learning in children's books
- Children's self and peer assessment
- Teacher assessment

Through our whole school approach using SCARF, all children at Green Lea will, over time, learn to develop positive and healthy relationships with themselves and their peers both now and in the future. We believe that our curriculum will prepare children for the next stage in their education and ensure our pupils value their well-being, mental health and good citizenship, as well as preparing them for the adult world. The impact of our PSHCE curriculum will allow children to become confident learners that take ownership of their work and their actions. Children will also understand the physical aspects involved in RSE at an age appropriate level.

The impact of our PSHCE curriculum will mean that pupils leave Green Lea First School with a confident image of themselves as valued people who are equipped to manage situations that arise in their lives, both socially and personally. Safeguarding and internet safety included in our curriculum will provide our children with a safe environment in which they will learn how to deal with online pressures that confront them today. Our pupils will move forward into the world as happier, confident young people that know how best to manage situations and know who to turn to in order to seek help.