

Subject Specific Vocabulary



Year 1 & 2 Spring Cycle B

Design and Technology

Food and Nutrition

Preparing fruits and vegetables

Concept: Nutrition



Fruit
Fruits have seeds and are the sweet and fleshy part of a plant.

Vegetables
Vegetables do not have seeds and can be different parts of a plant, e.g. stem, leaf, root

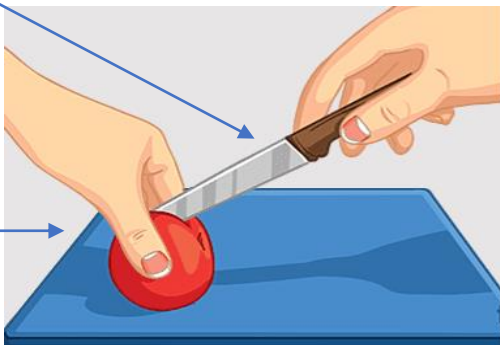
Kebab
Food threaded onto a skewer which is a long piece of wood.

Prepare
Make something ready for use.

Hygiene
Things we do that help to keep us healthy and stop the spread of diseases.

Utensil
A tool for preparing or eating food.

Chopping Board



Knowledge

- Understand the difference between fruit and vegetables.
- Understand where food comes from.
- Wash my hands before preparing food.
- To hold a knife securely and away from my fingers.



Skills



peeling

cutting



slicing



grating



squeezing